

### Citizen Men

McKenzie	Wood	1	29:59	
Michael	Chan	2	30:11	
Ariel	Lisogorksy	3	30:55	
Paul L	Dyck	4	31:50	
Kurtis	Laframboise	5	35:52	
David	Fraser	6	28:44	-1 lap

### Citizen Women

First Name	Last Name	Rank	Time	
Erika	Lincoln	1	30:58	
Agnieska	Gigiel	2	34:30	
Jessica	Sherbo	3	28:03	-1 lap
Sarah	Furgace	4	29:00	-1 lap